



# Back of House Reference Sheet

## \*\* List of contained allergens\*\*



DEL-MAR-VA COUNCIL  
OF SOUTHERN CALIFORNIA

	<i>nday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
Cold Breakfast	<i>Closed</i>	Blueberry & Apple Cinnamon - EGG, WHEAT, SOY Banana Walnut - DAIRY, EGG, TREE NUT, WHEAT, SOY	Cinnamon Rolls - EGGS, DAIRY, WHEAT,	Donut Holes - WHEAT, SOY, EGGS, DAIRY	Apple Pie - WHEAT, SOY	Assorted Danish - WHEAT, EGGS, DAIRY, SOY	Bagels - WHEAT
Hot Breakfast	<i>Closed</i>	Chocolate Chip Pancakes - WHEAT, EGGS, SOY, DAIRY	Liquid Eggs - EGGS, DAIRY Sausage Gravy - WHEAT, DAIRY, EGG, SOY ButterDAIRY Biscuit - WHEAT, DAIRY, EGG, SOY	Liquid Eggs - EGGS, DAIRY Cheddar Cheese - DAIRY	Beglian Waffles- DAIRY, EGGS, WHEAT, SOY	French Toast Sticks - WHEAT, SOY	Cheese Omelets - EGG, DAIRY
Lunch	<i>Closed</i>	Amoroso Kaiser Roll - WHEAT, SOY Pretzels - WHEAT	Cheddar Cheese - DAIRY Sour Cream - DAIRY	Sloppy Joel - DAIRY, WHEAT, SOY Amoroso Club Roll - WHEAT, SOY Parmesan Cheese -DAIRY Tater Tots - may contain SOY	Amoroso Hamburger Roll - WHEAT, SOY Amorosso Hot Dog Roll - WHEAT, SOY American Cheese -DAIRY, SOY Mac & Cheese - WHEAT, DAIRY	Amoroso Hamburger Roll - WHEAT, SOY Breaded Chicken - WHEAT American Cheese - DAIRY, SOY	<i>Closed</i>
Lunch Dessert	<i>Closed</i>	Orange Dream Bar - DAIRY, FACILITY PROCESSES PEANUTS & TREE NUTS	Bomb Pop - MAY CONTAIN DAIRY, PEANUTS, TREE NUTS	Italian Ice - SOY	Ice Cream Sandwich - DAIRY, SOY, WHEAT	Fudge Bar - DAIRY, FACILITY PROCESSES PEANUTS & TREE NUTS	<i>Closed</i>
Dinner Entrée (w/ Salad Bar)		Ziti - WHEAT, DAIRY	Turkey Gravy- DAIRY, WHEAT, SOY	Cornbread - DAIRY, EGG, WHEAT, SOY	Chicken Gravy - WHEAT, DAIRY, SOY		<i>Closed</i>
Sides & Veggies Dinner	Pasta Salad - WHEAT, EGGS	Amoroso Baguette - WHEAT, DAIRY	Cornbread Stuffing - DAIRY, WHEAT, SOY		Dinner Roll - WHEAT		<i>Closed</i>
Dessert		Rice Krispies Treats- DAIRY, SOY, GLUTEN	Chocolate Chip Cookies - DAIRY, EGG, WHEAT, SOY	Choco Ice Cream Taco - DAIRY, PEANUTS, WHEAT	Brownie - EGG, WHEAT	Apple Pie - WHEAT	<i>Closed</i>