



Camp Rodney Menu

Dietary Alternative Options

● – Prepared without Gluten

◇ – Vegetarian



DEL-MAR-VA COUNCIL
BOY SCOUTS OF AMERICA

Monday Tuesday Wednesday Thursday Friday Saturday

| | | <i>Monday</i> | <i>Tuesday</i> | <i>Wednesday</i> | <i>Thursday</i> | <i>Friday</i> | <i>Saturday</i> |
|------------------------------|-------------------------------------|--|---|---|---|---|---|
| Cold Breakfast | <i>Kitchen Closed</i> | GF: Select Cereals, Oatmeal, Fruit, GF Blueberry Muffin Vegan: Select Cereals, Oatmeal, Fruit, Granola | GF: Select Cereals, Oatmeal, Fruit, GF Blueberry Muffin Vegan: Select Cereals, Oatmeal, Fruit, Granola | GF: Select Cereals, Oatmeal, Fruit, GF Blueberry Muffin Vegan: Select Cereals, Oatmeal, Fruit, Granola | GF: Select Cereals, Oatmeal, Fruit, GF Blueberry Muffin Vegan: Select Cereals, Oatmeal, Fruit, Granola | GF: Select Cereals, Oatmeal, Fruit, GF Blueberry Muffin Vegan: Select Cereals, Oatmeal, Fruit, Granola | GF: Select Cereals, Oatmeal, Fruit, GF Blueberry Muffin Vegan: Select Cereals, Oatmeal, Fruit, Granola |
| | | GF: Vans Waffles, Pork Sausage Link Vegan Tofu Scramble, Vegan Breakfast Potatoes, Vegetarian Breakfast Patty | GF: Scrambled Eggs, Bacon Vegan Tofu Scramble, Vegan Breakfast Potatoes, Vegetarian Breakfast Patty | GF: Sausage & Potato Hash Vegan Southwest Tofu Scramble, Vegetarian Breakfast Patty | GF: Vans Waffles, Turkey Sausage Vegetarian: Tofu Scramble, Vegetarian Breakfast Patty | GF: Vans Waffles, Turkey Sausage Patty Vegan Tofu Scramble, Vegan Breakfast Potatoes, Vegetarian Breakfast Patty | GF: Scrambled Eggs, Home Fries Vegan Tofu Scramble, Vegan Home Fries, Vegetarian Breakfast Patty |
| Lunch Entrée | <i>Kitchen Closed</i> | GF: Pulled Chicken on GF Roll Vegan: Black Bean Burger | Vegan: Mushroom Tacos | GF: Sloppy Joe on GF Roll Vegan: Vegan "Beef" Sloppy Joe | GF: Hamburger or Hot Dog on GF Roll, Chips Vegan: Malibu Burger | GF: Grilled Chicken Sandwich on GF Roll Vegan: Grilled Tofu Sandwich | <i>Kitchen Closed</i> |
| Dessert | | | | | GF: Selection of Frozen Treats | | |
| Dinner Entrée (w/ Salad Bar) | Vegan: BBQ Vegan "Chick'n" Sandwich | GF: GF Pasta with Meat Sauce Vegan: Hearty Veggie Marinara | Vegan: Southwest Sweet Potato Sauté | Vegan: Vegetable Jambalaya | Vegan: Vegan "Chick'n" Stir-Fry with White Rice | Vegan: Moroccan Vegetable Stew | <i>Kitchen Closed</i> |
| Sides & Veggies | GF: GF Pasta Salad | | GF: Baked Potato | | GF: White Rice | | |
| Dinner Dessert | | Vegan: Frozen Dessert | GF: Frozen Dessert Vegan: Frozen Dessert | GF: Frozen Dessert | GF: Frozen Dessert Vegan: Frozen Dessert | GF: Frozen Dessert Vegan: Frozen Dessert | |

*** Arrangements for special dietary needs should be made with the kitchen managers prior to the start of the meal ***

PB & J Uncrustables and Vanilla Soy Milk available upon request